September 15-29, 2012



Volunteer Locally

Forms, posters and telephone listings are available from your local AAH Coordinator or on our website.

The Litter Sweep Hotline 1-800-331-5864 www.ncdot.gov/~beautification



Visit www.ncdot.gov/~littersweep

Keep North Carolina Beautiful Most Unusual Litter Contest entry form

County

 $Zip_{\underline{a}}$

State

(Home)

Phone (Work)

Thank you for

Address

ipleipating safely!

aluminum cans and plastic bottles

Reminder: it is illegal to dispose of

and call your local MCDOT county

safety vests, orange trash bags and

• For questions or to request copies, call 1-800-331-5864

orange trash bags from the roadside.

maintenance office to pick up the filled

plastic. Dispose of recyclables yourself

blue recycling bags for glass, metal and

Visit your local MCDOT office for gloves,

(5.00) . (06/12) spec or (5.0) or (5.0) or (5.0) or (5.0) or (5.0)

Deadline to request certificate is October 31, 2012

Mail or fax to NCDOT Office of Beautification

Raleigh, NC 27699-1540 / Fax: (919) 715-2554

1540 Mail Service Center

- Safety rules and regulations for volunteers
- Adopt-A-Highway reporting instructions

- - Certificate of Appreciation request form

Adopt-A-Highway media form

Litter Sweep cleanup procedures

• Fall 2012 Litter Sweep poster

in the landfills.

- Park in areas that: provide safe entrance and exit of the pickup area; do not
- For Volunteers
- area; provide maximum protection for volunteers getting in and out of the create hazards with other vehicles and equipment operating near the work
- protect against unforeseen hazards. good practice to wear long-sleeve shirts, gloves and high-top boots to • All volunteers must wear an NCDOT approved orange safety vest. It is a
- extreme temperatures. Pickup only during daylight hours and stop work • Take extra precautions to prevent heat and cold stress when working in
- during inclement weather.
- the pavement edge.
- Face oncoming traffic while on foot. Stay off the road at least five feet from
- medians. Avoid any construction.

- glass, especially in grassy areas.
- when handling trash bags containing broken or sharp objects. Use proper • Do not attempt to squeeze bags to make room for more trash. Use caution
- lifting techniques when lifting bags.
- Do not pick up what appears to be hazardous material or any type of
- Place trash bags where they can be easily retrieved by NCDOT personnel guy wires and other hidden obstacles in the ground).

• Do not use or possess illegal drugs or alcohol prior to or during a cleanup.

You can access all safety information and videos from our website

Adopt-A-Highway Safety" video and the "Colorado Meth Lab Waste over all safety procedures, rules and guidelines. View the "North Carolina \bullet Conduct a safety meeting for all volunteers prior to each cleanup and go

Know the routes to medical care in case of emergency and have an

Recognition" video prior to participating in a cleanup.

adequate first-aid kit immediately available.

for groups that have volunteers 12-17 years of age. All volunteers must be 12 Furnish adequate supervision by one or more adults 21 years of age or older

- or NCDOT maintenance office if you encounter hazardous objects or holes,

- container with unknown contents (notify your Adopt-A-Highway coordinator

- Be aware of hidden obstructions that may have sharp edges and broken
- Place tools in safe position so that sharp points are not exposed.
- Work in small groups, allowing ample space for each volunteer to work
- Do not pickup in ditches, tunnels, on road surfaces, bridges, overpasses or

Safety Rules and Guidelines

Raleigh, NC 27699-1540 www.ncdot.gov/~beautification 1540 Mail Service Center North Carolina Department of Transportation

FIRST-CLASS MAIL U.S. POSTAGE PAID

PRESORTED

PERMIT NO. 365

at www.ncdot.gov/~beautification.

years of age to participate.

and well clear of roadway traffic.

RALEIGH, NC

Address Service Requested

<<Address>> <<City>>

<<Name>>



REQUEST FOR CERTIFICATE OF APPRECIATION (Please print.)

ssue in name of